



Legs ,Bums and Tums

Monday 14th January – 25th March 2019

10 Weeks 18:00 -19:00

Full Fee: £60.00 /Concession £45.00

A fabulous fitness session focusing on those all-important legs, bums and tums. Suitable for all ages and abilities working on the whole body, but paying particular attention to the legs, bums and tums.

Wear comfortable sports clothing and bring along drinking water.

Safeguarding:

We have made arrangements to ensure that you are safe in our centre. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against; tell your tutor or the Centre Manager immediately.

Enrolment & payment

Booking forms are available from the website www.swaveseyvc.co.uk or from the College. You can also enrol by phone on 01954 234488. Payment can be made by cheque payable to Swavesey Village College, cash or credit/debit card in person, over the phone or by completing the section on the booking form and posting it to the College. Please note that refunds can only be made if a class is cancelled or closed.

Equalities statement

“The County Council operates an Equality of Opportunity Policy. We will ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all can access activities. If you have any specific needs which might affect your learning you are entitled to a confidential interview where we can look at the support you require. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a learning community based on mutual respect and trust.”