

# ADULT LEARNING & SKILLS AUTUMN 2018 COURSES

## COTTENHAM & SWAVESEY VILLAGE COLLEGES



High Street, Cottenham  
Cambridge CB24 8UA  
Tel: 01954 288751  
[community@cvcweb.net](mailto:community@cvcweb.net)

<http://community.cvcweb.net>



**Swavesey**  
VILLAGE COLLEGE

Gibraltar Lane, Swavesey  
Cambridge CB24 4RS  
Tel : 01954 234488  
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[www.swaveseyvc.co.uk](http://www.swaveseyvc.co.uk)

# Welcome to Adult Learning at Cottenham & Swavesey Village Colleges

Learning and leisure contributes hugely to health and well-being. Whether you're looking to enhance your current skills, increase your confidence, keep active and fit or just meet new people who want the same as you, there's something for everyone.

## ENROL early to avoid disappointment

**By Post:** Please complete the booking form and post it to the College where your chosen course is being held. A stamped addressed envelope is required for a receipt. Please do not send cash. If you are paying by cheque please make it payable to: -

Cottenham VC - cheque payable to **Astrea Academy Trust**  
Swavesey VC - cheque payable to **Swavesey Village College**

### Telephone/Email:

Please book at the College holding your chosen course using the contact details on the front cover or inside.

**In person:** Please complete the booking form and bring it with payment to the College you have chosen (not during school holidays).

**HALF TERM:** Cottenham 22nd - 28th October 2018  
Swavesey 22nd - 28th October 2018

**PAYMENT:** Fees are payable in full on enrolment by cash/cheque/credit or debit card (or parentpay at Swavesey VC)

**Credit/debit card:** (Please note that at Swavesey VC these details will be processed on-line using the parentpay site. For information visit [www.parentpay.com](http://www.parentpay.com) or visit the school's website: [www.parentpayshop.com/schools/8734007/adulted.html](http://www.parentpayshop.com/schools/8734007/adulted.html))

**Online** (Swavesey only) [www.swaveseyvc.co.uk](http://www.swaveseyvc.co.uk)

**REFUNDS:** Refunds only available if the College closes a class or if you withdraw due to ill health; in this case a doctor's note is required. If a class is cancelled due to circumstances out of our control, such as adverse weather or Tutor illness, then replacement classes will be added.

**FEES:** Full fee/Concessionary fee - concessionary fees (eg. £55/£41) are available if you are in receipt of a means-tested benefit (evidence of which must be available on enrolment)

## COTTENHAM Village College: FREE Tasters 7-8pm

<b>Mon 10th Sept</b>	<b>Tues 11th Sept</b>	<b>Wed 12th Sept</b>
Italian Beginners Plus	Revive your Spanish	Carpentry
	T'ai Chi	Salsa Dancing

**FIRST CLASS FREE: Disco Dance Class - Mon 10th Sept**

## SWAVESEY Village College: NEW for Autumn Term FREE Parent Support Workshops

These sessions are designed with parents & carers in mind to help them effectively support their child with issues they may be experiencing in the school environment.

Presented by Swavesey Village College's Specialist in Cognition and Learning. See Page 4 for further information.

## Adult Learning in Cambridgeshire

We aim to offer the best possible experience for adult learners in Cambridgeshire and we welcome your views on how we can improve our service. Some of our courses are subsidised by the Education & Skills Funding Agency (ESFA) and part financed by the 2014-20 European Social Fund (ESF) Programme. This funding is managed by Cambridgeshire County Council, Adult Learning & Skills. A short video covering the background of ESF, what it does, how it helps and who benefits is available on the European Union website: <http://ec.europa.eu/esf/home.jsp>

### How we use your data

<https://www.gov.uk/government/publications/esfa-privacy-notice>

### Safeguarding

Arrangements have been made to make sure that you are safe at our Centres. If you feel you are not safe for any reason, for example through verbal or physical abuse or you have been discriminated against, please tell your Tutor or the Centre Manager, who will investigate to ensure your safety.

## National Careers Service (NCS)

Careers advice is available to all learners. The National Careers Service provides free information and advice on all aspects of learning, skills development and employment. Help is provided in a way that suits you, online, face to face or by telephone. Go to [www.cambsals.co.uk](http://www.cambsals.co.uk) and click on the "I need some advice" button for more information or call our booking line on 0845 603 1059

## Support for you

Cambridgeshire County Council, Adult Learning and Skills service supports a wide range of adult learning opportunities across Cambridgeshire, including courses, clubs, community groups and family learning opportunities. Search our website [www.cambsals.co.uk](http://www.cambsals.co.uk) for more information. We also deliver specific courses for adults with learning difficulties and disabilities. For more information about these specific course please call 01223 703530.

Search [www.cambridgeshire.net](http://www.cambridgeshire.net) for opportunities of other courses and learning in Cambridgeshire

## Booking Form

Title: \_\_\_\_\_ Forename: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel (Home): \_\_\_\_\_

Tel:(Work): \_\_\_\_\_

Mobile: \_\_\_\_\_

Email: \_\_\_\_\_

Course	College C/S	Day	Fee £	Receipt No.

## Arts and Crafts

Course	Day	Start date	Time	Weeks	Cost
C Advanced Textiles Workshop+	Tues	25 Sep	10.00-15.30	5	£137/£103
C Appliqué & Decorative Stitching+ <b>NEW</b>	Mon	29 Oct	19.00-21.00	4	£44/£33
C Art History :Rococo to Impressionism	Mon	17 Sep	19.00-21.00	10	£110/£83
C Carpentry Design & Build+	Wed	19 Sep	19.00-21.00	10	£110/£83
C Creative with Clay (Clay & Firing Incl)	Mon	17 Sep	19.00-21.00	10	£130/£102
C Creative with Clay (Clay & Firing Incl)	Wed	19 Sep	19.00-21.00	10	£130/£102
C Designer Textiles Workshop+	Tues	18 Sep	10.00-15.30	5	£137/£103
C Dichroic Glass Jewellery - Intermediate Level+ <b>NEW</b>	Mon	17 Sept	19.00-21.00	5	£55/£42
S Dichroic Stained Glass Jewellery+	Wed	19 Sep	19.00-21.00	5	£55/£42
C Dressmaking - Mixed Ability+	Mon	17 Sep	12.30-14.30	10	£110/£83
C Fabulous Felting: Felting for Stitch+	Wed	19 Sep	10.00-13.00	5	£82/£62
C Free Machine Embroidery Beginners+	Wed	31 Oct	09.30-12.30	5	£82/£62
S Mosaics for All+	Mon	1 Oct	19.00-21.00	6	£67/£50
S Patchwork & Quilting to make a Medallion Quilt+	Mon	17 Sep	19.00-21.00	5	£55/£42
S Silver Jewellery+	Thurs	20 Sep	19.00-21.00	10	£110/£83
C Upholstery Workshop+	Thurs	20 Sep	10.00-15.30	10	£275/£206
C Upholstery Workshop+	Fri	21 Sep	10.00-15.30	10	£275/£206
C Upholstery Workshop+ (Rampton VH)	Thurs	27 Sep	10.00-15.00	8	£248/£186
S Upholstery Mixed Level+	Thurs	13 Sep	18.00-21.00	10	£165/£124
C Watercolour Painting for Beginners+	Mon	17 Sep	19.00-21.00	5	£55/£42
C Watercolour Painting for Improvers+	Mon	17 Sep	10.00-12.00	10	£110/£83
S Watercolour Painting - Mixed Level+ Papworth Everard Village Hall	Tues	25 Sep	10.00-12.30	10	£115/£86

+ **Materials Extra**

## General

Course	Day	Start date	Time	Weeks	Cost
C Art History: Rococo to Impressionism	Mon	17 Sep	19.00-21.00	10	£110/£83
S Everyday Maths <b>FREE</b>	Wed	7 Nov	18.30-20.00	5	FREE
S Creative Curries+	Wed	19 Sep	19.00-21.00	4	£45/£34
S Creative Writing for Beginners	Thurs	20 Sep	19.00-21.00	8	£88/£66
S Curry in a Hurry+	Wed	7 Nov	19.00-21.00	5	£55/£42
C RYA Day Skipper + 3 Saturdays (22 Sep, 13 Oct, 17 Nov)	Mon	17 Sep	19.30-21.30	12 + 3 Sats	£350
S Woodwork for Beginners+	Mon	24 Sep	19.00-21.00	8	£88/£66

## Appliqué & Decorative Stitching **NEW - Cottenham**

A great way to customise clothing, add something special to patchwork quilts or decorate accessories and crafted gifts. Some knowledge of your sewing machine required and be able to use straight and zig-zag stitches.

## Carpentry and Woodwork at Cottenham & Swavesey

Gain a basic understanding of woodwork techniques, with the opportunity to design and build individual projects.

## Upholstery - Mixed Level+ Swavesey & Cottenham

An introduction to simple upholstery skills - with hands-on teaching and demonstration - that will enable you to upholster a small piece of furniture using both modern and traditional techniques.

## Dressmaking & Sewing Courses Cottenham

Be guided through the skills and techniques to make your own garments. Get the best out of your sewing machine.



## Creative Writing for Beginners Swavesey

Find your creative flair while learning the skills required to write fiction. This class will help you to identify writing goals and how to achieve them, plus produce a piece of your own and gain feedback on it.

## Everyday Maths - Swavesey

Refresh your skills, improve your confidence with Maths and be able to help your children with their homework and revision.

## LEARNER INFORMATION

On starting your course you will receive a Learner Handbook containing information on our policies & regulations.

## EQUALITY & DIVERSITY

We are fully committed to equality of opportunity and welcome enrolments from all adults aged 19+. We positively encourage learners with any concerns about specific needs which might affect their learning to discuss their requirements with us in confidence. We believe that everyone is entitled to learn in an environment that is free from discriminatory behaviour so that we build a community based on mutual trust and respect. We will do our best to ensure that resources and equipment are accessible to all and make reasonable adjustments to ensure that all learners can access activities.



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Education & Skills  
Funding Agency



## Fitness and Health

Course	Day	Start date	Time	Weeks	Cost
<b>S</b> Badminton for Fun - Improvers	Tues	18 Sep	20.00-21.30	10	£59
<b>C</b> Ballet Barre Fitness <b>NEW</b>	Thurs	20 Sep	11.30-12.15	10	£55/£41
<b>S</b> Dynamic Mindfulness	Mon	17 Sep	19.00-21.00	5	FREE
<b>S</b> Dynamic Mindfulness	Mon	05 Nov	19.00-21.00	5	FREE
<b>C</b> Fitness for Mature Movers (Tillage Hall, Waterbeach)	Mon	17 Sep	10.00-11.00	5	£25
<b>C</b> Fitness for Mature Movers (Salvation Army Hall, Willingham)	Tues	18 Sep	11.30-12.30	5	£25
<b>C</b> Fitness for Mature Movers (Cottenham VC)	Wed	19 Sep	14.00-15.00	5	£25
<b>S</b> Legs, Bums & Tums	Mon	17 Sep	18.00-19.00	10	£60/£45
<b>S</b> Over 50's Dance Fitness (Bar Hill VH)	Tues	18 Sep	14.00-15.00	10	£65/£49
<b>C</b> Pilates for Everyone (Ploughman's Hall, Willingham)	Mon	17 Sep	10.45-11.45	10	£65/£50
<b>C</b> Pilates for Everyone (Cottenham VC)	Mon	17 Sep	19.00-20.00	10	£65/£50
<b>S</b> Pilates for the Mature Learner - over 50's (Bar Hill VH)	Thurs	20 Sep	10.00-11.00	10	£65/£49
<b>S</b> Pilates - Mixed Ability	Thurs	13 Sep	19.00-20.00	10	£60/£45
<b>S</b> Pilates - Mixed Ability	Thurs	13 Sep	20.00-21.00	10	£60/£45
<b>S</b> Pilates - Mixed Ability (Bar Hill VH)	Mon	17 Sep	19.15-20.15	10	£65/£49
<b>S</b> Pilates - Mixed Ability	Wed	19 Sep	18.00-19.00	10	£60/£45
<b>S</b> Pilates - Mixed Ability	Wed	19 Sep	19.00-20.00	10	£60/£45
<b>S</b> Slow Yoga	Thurs	20 Sep	19.00-20.00	10	£60/£45
<b>S</b> Slow Yoga (Papworth VH)	Mon	24 Sep	14.00-15.00	9	£59/£45
<b>C</b> T'ai Chi for Beginners	Tues	18 Sep	18.00-19.00	10	£55/£42
<b>C</b> T'ai Chi for Beginners Plus	Tues	18 Sep	19.00-20.00	10	£55/£42
<b>C</b> T'ai Chi for Improvers	Tues	18 Sep	20.00-21.15	10	£69/£52
<b>S</b> T'ai Chi for Beginners	Wed	19 Sep	19.30-21.00	11	£91/£69
<b>S</b> Wellbeing Drumming & Tribal Dance	Tues	18 Sep	19.00-21.00	4	FREE
<b>C</b> Yoga for Beginners	Mon	17 Sep	18.30-20.00	10	£82/£62
<b>C</b> Yoga for Improvers	Tues	18 Sep	19.00-20.30	10	£82/£62
<b>S</b> Yoga - Mixed Level	Mon	17 Sep	19.00-20.00	10	£60/£45
<b>S</b> Yoga - Mixed Level	Mon	17 Sep	20.00-21.00	10	£60/£45
<b>S</b> Yoga - Mixed Level	Wed	19 Sep	19.00-20.00	10	£60/£45
<b>S</b> Yoga - Mixed Level	Thurs	20 Sep	20.00-21.00	10	£60/£45

## FREE Parent Support Workshops Wednesdays 16.30-18.30 - because children don't come with instructions!!

Course	Start date
<b>S</b> Understanding Swavesey VC Graduated Approach to SEND	12 Sep
<b>S</b> Help! My child has Dyslexia. How can I further support their learning at home and school?	10 Oct
<b>S</b> Help! I don't know how to support my child's anxieties!	17 Oct
<b>S</b> Help! I don't know how to support my child with stress during their exams!	07 Nov
<b>S</b> Help! How do I support my child's Challenging Behaviour?	21 Nov

## Ballet Barre Fitness - Cottenham

Essentially barre mixes elements of pilates, dance, yoga and functional training, and the moves are choreographed to motivating music. A great class for keeping fit.

## FREE Dynamic Mindfulness Swavesey

The ultimate way to reduce stress! Learn how to slow your mind when it's overactive, walk with greater mindfulness of your posture and body language. Be more aware of your feelings, mood and energy level and transform the way you feel and behave in potentially self-sabotaging situations. Change the way you think and feel about your experiences.

## Legs, Bums & Tums Swavesey

A fabulous fitness session for the whole body but focusing particular attention on those all-important legs, bums and tums. Suitable for all ages and abilities.

## Over 50's Dance Fitness Bar Hill Village Hall

A fun and friendly low impact dance fitness class. Get fit, sing along to some fabulous music and feel good.

## Pilates - Cottenham & Swavesey

Various classes available at both Colleges and at Ploughmans Hall in Willingham. Improve all over toning, core & general fitness, with experienced Tutors.

## T'ai Chi - Cottenham & Swavesey

A meditative form of exercise with flowing sequences of movement which can help develop calmness and relaxation, physical fitness, mental clarity and a sense of well-being.

### Levels

**Beginners** = no previous experience  
**Improvers** = 1 year's experience already  
**Mixed Ability** = beginners & some experience

## FREE Parent Support Workshops

Swavesey Village College

With simple to-the-point explanations of the difficulties, practical tips on how to support the child, positive steps forwards and strategies that have proven effective. Question & answer sessions included.

These workshops highlight how parents can promote resilience and a positive, proactive approach towards life and schooling.

Presented by Swavesey Village College's Specialist in Cognition and Learning. Limited space so book early.



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## Dance and Music

Course	Day	Start date	Time	Weeks	Cost
C Acoustic Guitar for Beginners	Mon	24 Sep	19.00-20.30	8	£66/£50
C Ballet for Beginners (Cottenham Community Centre)	Thurs	20 Sep	09.30-10.30	10	£65/£50
C Ballet for Improvers (Cottenham Community Centre)	Thurs	20 Sep	10.30-11.30	10	£65/£50
C Ballroom Dancing for Beginners	Mon	17 Sep	18.15-19.15	9	£50/£38
C Ballroom Dancing for Intermediates	Mon	17 Sep	19.15-20.15	9	£50/£38
S Ballroom Dancing <b>NEW</b>	Thurs	20 Sep	19.00-20.00	5	£35/£26
C Disco Dance <b>NEW - 1st class FREE</b>	Mon	10 Sep	19.00-20.00	6	£30/£23
S Guitar for Absolute Beginners <i>Term 1</i>	Thurs	11 Oct	19.00-20.00	8	£45/£34
S Guitar for Beginners <i>Term 4</i>	Thurs	11 Oct	20.00-21.00	8	£45/£34
S Mandolin for Beginners	Tues	18 Sep	19.00-20.00	9	£50/£38
C Salsa Dancing - Mixed Ability	Wed	19 Sep	19.00-21.00	9	£54/£40
C Swing Dances: Jive, Lindyhop & Charleston	Mon	17 Sep	20.15-21.15	9	£50/£38
S Swing & Lindyhop <b>NEW</b>	Thurs	20 Sep	20.00-21.00	5	£35/£26
C Tap Dancing for Absolute Beginners	Wed	19 Sep	18.00-19.00	8	£44/£33
C Tap Dancing for Beginners Plus	Wed	19 Sep	19.00-20.00	8	£44/£33
C Tap Dancing for Intermediates	Wed	19 Sep	20.00-21.00	8	£44/£33

## Languages

Course	Day	Start date	Time	Weeks	Cost
C French Conversation - Intermediate ( <i>Term 1 of 3</i> )	Wed	31 Oct	19.00-21.00	5	£55/£42
C French Conversation - Advanced ( <i>Term 1 of 3</i> )	Thurs	20 Sep	09.30-11.30	10	£110/£83
C Italian for Beginners Plus ( <i>Term 1 of 3</i> )	Mon	17 Sep	19.00-21.00	10	£100/£75
S Italian for Absolute Beginners ( <i>Term 1</i> )	Mon	17 Sep	18.30-20.00	10	£83/£63
S Italian Advanced with Conversation	Mon	17 Sep	20.00-21.30	10	£83/£63
S Italian Intermediate Plus	Wed	19 Sep	19.00-21.00	10	£110/£83
S Latin for Beginners ( <i>Term 3</i> )	Thurs	20 Sep	19.00-20.30	10	£83/£63
C Let's Talk English - everyday English for speakers of other languages <b>NEW</b>	Wed	26 Sep	19.00-20.45	5	FREE
S Let's Talk English - everyday English for speakers of other languages <b>NEW</b>	Thurs	04 Oct	19.00-20.30	5	FREE
C French: Revive Your French ( <i>Term 1 of 3</i> )	Tues	30 Oct	19.00-21.00	5	£55/£42
C Spanish: Revive Your Spanish Beginners	Tues	18 Sep	19.00-20.30	10	£83/£63
S Spanish for Absolute Beginners ( <i>Term 1</i> )	Mon	17 Sep	19.30-21.00	10	£83/£63
S Spanish for Beginners	Thurs	13 Sep	19.30-21.00	10	£83/£63
S Spanish for Intermediates	Thurs	13 Sep	18.00-19.30	10	£83/£63

### MODERN FOREIGN LANGUAGE LEVELS - Hours of experience required

**Beginner** (Level 1) - little or no experience

**Improvers** (Level 2) - 40-60 hours

**Advanced** (Level 2/3) over 120 hours

**Revive** - a little basic experience

**Intermediate** (Level 2/3) - 90-120 hours

## Computing and Photography

Course	Day	Start date	Time	Weeks	Cost
S An Introduction to Windows 10	Thurs	13 Sep	19.00-21.00	5	£55/£42
C Digital Photography: Autumn & Still Life	Mon	17 Sep	19.00-21.00	5	£55/£42
S Photoshop for Photographers Part 1	Mon	17 Sep	19.00-21.00	4	£45/£34
S Photoshop for Photographers Part 2	Mon	05 Nov	19.00-21.00	4	£45/£34

C

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S

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## Guitar Classes - Cottenham & Swavesey

Learn the theory and technical knowledge to enable you to play your guitar. Ideal for beginners or those wanting to refresh skills.

## Disco Dance - NEW Cottenham

Love dancing? Love 70's music? Come along to this fun class and capture those 70's moves. Great dancing and fitness. First class is a FREE Taster 11th Sept.

## Swing Dancing - Cottenham & Swavesey

Fun classes learning a range of swing dances from Charleston to Jive and Lindyhop.

## Tap Dancing Absolute Beginners Cottenham

A great dance class for having fun and developing rhythm and co-ordination, whilst toning and strengthening your legs and hips.

## Mandolin for Beginners Swavesey

Bring your Mandolin and learn how to play it with an experienced Tutor.



## Let's Talk English Cottenham & Swavesey

Improve your English in a relaxed and friendly class with an experienced Tutor. Build your confidence to speak English in everyday situations.



## Saturdays - Bring a packed lunch - refreshments available

Course	Day	Start date	Time	Weeks	Cost
C Dressmaking+ (3 days 22 Sept, 13 Oct & 17 Nov)	Sat	22 Sep	10.00-16.00	3	£117/£88
C Bird Painting in Watercolour+	Sat	22 Sep	10.00-16.00	1	£39/£29
C Dichroic Glass Jewellery+	Sat	22 Sep	10.00-16.00	1	£39/£29
C Get to know your iPad <b>FREE to over 60s with ID</b>	Sat	22 Sep	09.30-12.30	1	£19/£14
C Get to know your Tablet <b>FREE to over 60s with ID</b>	Sat	22 Sep	13.30-16.30	1	£19/£14
C Indian Street Food+	Sat	22 Sep	10.00-16.00	1	£42/£32
C Scrapbooking: Creating Family Heirlooms+	Sat	22 Sep	10.00-16.00	1	£39/£29
C Patchwork Workshop+	Sat	22 Sep	10.00-16.00	1	£39/£29
C Upholstery+ (3 days 22 Sep, 13 Oct & 17 Nov)	Sat	22 Sep	10.00-16.00	3	£117/£88
C Christmas Copperfoil Stained Glass+	Sat	13 Oct	10.00-16.00	1	£39/£29
C Effective CV Writing (Follow up 17 Oct 7-9pm)	Sat	13 Oct	10.00-13.00	1	FREE
C Desserts from Around the World+	Sat	13 Oct	10.00-16.00	1	£42/£32
C Emergency First Aid at Work	Sat	13 Oct	10.00-16.00	1	£70
C Family Crafts: Screen Printing Workshop+ Booking essential - Max 2 children per adult	Sat	13 Oct	10.00-12.30 13.30-16.00	1	£5 per adult
C Willow Festive Platter & Decorations+	Sat	13 Oct	10.00-16.00	1	£39/£29
S Blues Guitar	Sat	03 Nov	10.00-16.00	1	£39/£29
S Crazy Patchwork Quilting+	Sat	03 Nov	10.00-16.00	1	£39/£29
S Dichroic Glass Christmas Decorations+	Sat	03 Nov	10.00-16.00	1	£39/£29
S Effective CV Writing	Sat	03 Nov	09.30-12.00	1	FREE
S Emotional Detox (3 Nov/17 Nov)	Sat	03 Nov	10.00-16.00	2	FREE
S From Email to the Cloud	Sat	03 Nov	10.00-16.00	1	£39/£29
S Indian Street Food+	Sat	03 Nov	10.00-16.00	1	£39/£29
S Interview Techniques	Sat	03 Nov	13.00-15.30	1	FREE
S Introduction to Jive	Sat	03 Nov	10.00-12.00	1	£20/£15
S Life Drawing+	Sat	03 Nov	10.00-16.00	1	£89/£79
S One Day Paediatrics First Aid	Sat	03 Nov	09.00-15.00	1	£70
S Silver Jewellery+	Sat	03 Nov	10.00-16.00	1	£39/£29
S Stone Carving Green Man & Figures+ 3 Nov / 17 Nov	Sat	03 Nov	10.00-16.00	2	£78/£58
S Woodwork & Basic DIY Skills+	Sat	03 Nov	10.00-16.00	1	£39/£29
C Calligraphy: Decorated Capitals & Gothic Script+	Sat	17 Nov	10.00-16.00	1	£39/£29
C Christmas Dichroic Glass Decorations+	Sat	17 Nov	10.00-16.00	1	£39/£29
C Coloured Glass Fusing+	Sat	17 Nov	09.30-13.30	1	£26/£19
C Family Crafts: Christmas Ceramics	Sat	17 Nov	10.00-13.00	1	£5 per adult
C Family Cooking: Christmas Yule Log	Sat	17 Nov	10.00-13.00	1	£5 per adult
C Lino Printing*	Sat	17 Nov	10.00-16.00	1	£48/£36
S Blues Guitar	Sat	17 Nov	10.00-16.00	1	£39/£29
S Crazy Patchwork Quilting - Christmas Theme+	Sat	17 Nov	10.00-16.00	1	£39/£29
S Effective CV Writing	Sat	17 Nov	09.30-12.00	1	FREE
S Emergency First Aid at Work	Sat	17 Nov	09.00-15.00	1	£70
S Family Cooking+	Sat	17 Nov	10.00-16.00	1	FREE
S Interview Techniques	Sat	17 Nov	13.00-15.30	1	FREE
S Introduction to Android Tablets & Phones	Sat	17 Nov	10.00-16.00	1	£39/£29
S Introduction to Ballroom Dancing	Sat	17 Nov	10.00-12.00	1	£20/£15
S Spanish for Holidays	Sat	17 Nov	10.00-16.00	1	£39/£29
S Watercolour: Rural Landscapes+	Sat	17 Nov	10.00-16.00	1	£39/£29
S Woodwork Skills+	Sat	17 Nov	10.00-16.00	1	£39/£29

+ Materials not included \* Materials included

## Effective CV Writing Cottenham & Swavesey

Do you have a CV? Does it need refreshing? If you're thinking about changing job or returning to work, this session is for you.

## From Email to the Cloud Swavesey

Don't get left behind! The digital world is moving from emails to shared files. Join our workshop and unravel the mysteries of the Cloud. What is it? What does it mean to share a file rather than email? How do we use it?



## Family Crafts & Cooking at Cottenham VC

Learning together is a great way for children to learn, so come along and have fun creating crafts or tasty treats to take home. All materials and ingredients included in the £5 fee per adult.

Maximum 2 children per paying adult (£5 per adult)

Booking essential, limited spaces - Tel: 01954 288751



## Ballet For Children And Young People at Cottenham Village College

WEDNESDAYS at Cottenham Village College. Classes start 12 September for 12 weeks.

Tutor: April Martin (Associate ARBTA & Member BDQT) Enquiries: Tel: 01954 200533 or E-mail a.r.martin@ntlworld.com or tuturusus@ntlworld.com

		1 Term	2 Terms	3 Terms
Cj51 & Cj52 Reception & Years 1 & 2	4.15-4.45pm	£36	£68	£98
Cj53 School Years 3, 4, 5, 6	5.00-5.45pm	£54	£102	£145
Cj54 School Year 6 upwards	5.45-6.45pm	£72	£136	£194

C

Cottenham - 01954 288751  
community@cvcweb.net  
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S

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Education & Skills  
Funding Agency

  
European Union  
Social Fund